95 year anniversary 1931 - 2026

CANSA Cancer Association of South Africa
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CALENDAR 2026

Subject to change

JANUARY CANSA SunSmart Awareness campaign	

FEBRUARY National Department of Health (NDoH) Healthy Lifestyle Awareness*	
4	World Cancer Day (United by Unique)
5-6	CANSA Active @ Aquelle Midmar Mile Charity Challenge
15	International Childhood Cancer Day
28 Feb - 1 March	CANSA Shavathon at certain Shopping Centres (*limited venues on 1 March) **

MARCH CANSA Cervical Cancer Awareness campaign	
1	CANSA Active @ Absa Run Your City Gqeberha 10K
4	International Human Papillomavirus (HPV) Awareness Day
8	CANSA Active @ Cape Town Cycle Tour (Expo: 5-7 March)
15-22	CANSA Active @ Absa Cape Epic
16	World Social Work Day
21	Human Rights Day – CANSA Advocacy

Be Courageous!

**CANSA Shavathon available throughout the year, enquire at local Care Centre

cansa.org.za

Toll free 0800 22 66 22

info@cansa.org.za
English, Afrikaans, isiXhosa, isiZulu, siSwati, seSotho

WhatsApp (text only)
072 197 9305 English, Afrikaans
071 867 3530 isiXhosa, isiZulu, siSwati, seSotho

CALENDAR 2026

APRIL – CANSA Balanced Lifestyle campaign	
1st week	Adolescent and Young Adult Cancer Awareness Week
7	World Health Day
13-14	CANSA Active @ Two Oceans Marathon

MAY – CANSA No-Tobacco campaign	
1	Workers' Day – CANSA Advocacy
8	World Ovarian Cancer Day
10	CANSA Active @ Absa Run Your City Cape Town 10K
12	World Nurses Day
23	World Melanoma Day
23-24	CANSA Active @ Sanlam Cape Town Marathon
31	World No Tobacco Day

JUNE – NDoH Men's Health Awareness	
2	International Cancer Survivors Month
14	CANSA Active @ Comrades Marathon
14	World Blood Donor Day
16	Youth Day

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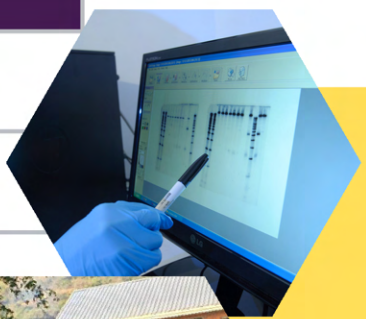
JULY	
1st week	Corporate Wellness Week
12	CANSA Active @ Absa Run Your City Durban 10K
18	Nelson Mandela International Day
25	CANSA Volunteers Day

AUGUST – Women's Month	
1	World Lung Cancer Day
9	Women's Day
23	CANSA Active @ Absa Run Your City Tshwane 10K

SEPTEMBER – Childhood Cancer Awareness month	
15	World Lymphoma Awareness Day
24	World Cancer Research Day
24	CANSA Active @ Absa Run Your City Joburg 10K
tbc	Global Week for Action on NCDs*



*Non-Communicable Diseases

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OCTOBER CANSA Breast Cancer Awareness (Women's Health) campaign Mental Health Month	
6	World Ostomy Day
12	World Hospice and Palliative Care Day
13	International Metastatic Breast Cancer Day
15-19	National Nutrition Week | National Obesity Week
tbc	CANSA Annual General Meeting
CANSA High Tea events | Breast Cancer Awareness Walks	

NOVEMBER CANSA Men's Health Awareness | IARC* Lung Cancer Awareness month	
tbc	Hollard Daredevil Run
17	Anniversary of WHO** 'Eliminate Cervical Cancer' campaign
18-24	World Antimicrobial Resistance (AMR) Awareness Week
19	International Men's Day

*International Agency for Research on Cancer
**World Health Organization

DECEMBER – CANSA SunSmart Awareness	
1	World AIDS Day
2	Giving Tuesday
5	International Volunteers Day