

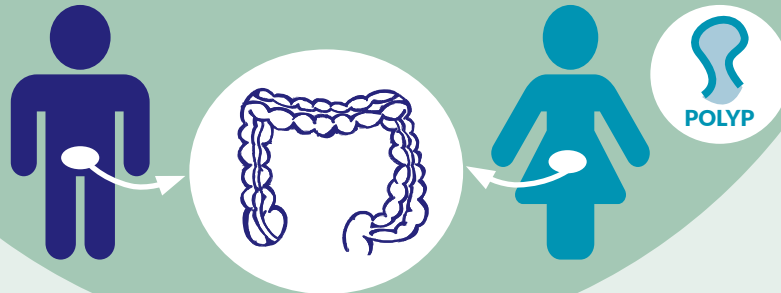
Ikankere yekholoni

Ngeyesithathu emadodeni nebafazini

Nangabe itholwe kusesenesikhathi
ingangezelela amathuba wokusinda.
YAZI IINGOZI

UKUTHOLWA KUSESENESEKHIKATHI KUQAKATHEKILE

Inengi lekankere yekholoni ithoma njenge-POLYP, isimila esincani sethitjhu ethoma kuthwethwesi bese siyakhula sibe phakathi kwekholoni namkha komtjaza. Abodorhoda bangawasusa ama-polyps ngesikhathi sekambiso yekholonoskophi.



INDLELA YOKUPHILA



Ukungazithabululi njalo



Ukudla kancani iinthelo/nemirorho



Ukudla okunefayibha encani kanye namafutha amanengi



Ukunona ngokwedluleleko



Ukuselwa khulu kotjwala

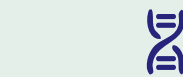


Ukungahlanzeki kuhle komlomo/kwamazinyo



Ukusetjenziswa kwegwayi

IINTHAKO ZEFUZO



Ihlanganisela yamatshwayozifo wefuzo njengeHlanganisela yamatshwayozifo efana ne-Lynch

Umlando womuntu siqu namkha womndeni wekankere yekholoni namkha ama-polyps

EZINYE IINTHAKO ZEFUZO



Ukuluphala



Umhlobo wesi-2 wobulwelwe betjhukela



Ubulwelwe bokuvuvuka kwamathumbu

AMATSHWAYO (abantu abanengi abanawo amatshwayo)

- ➔ Ukutjhentjha kwemikghwa yamathumbu, ukubandakanya irhudo nokubhinjidela namkha kokubili
- ➔ Ukopha komtjazo namkha iingazi ethuvini
- ➔ Ukungakhuleleki kwamathumbu okuphikeleleko (amakrempe, umoya namkha ubuhlungu)

- ➔ Ukuzwa ngathi uthuvi abukaphumi boke
- ➔ Ubuthakathaka namkha ukudinwa
- ➔ Ukuncipha komzimba okungahlathululeki

Call CANSA Toll Free
0800 22 66 22
www.cansa.org.za

Ukuthola ilwazi elinengi ngekankere yekholoni
thintana nendawo yezamaphilo yangekhenu



health

Department:
Health
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