

## Cancer Signs and Symptoms

Detecting cancer early is one of the most powerful ways we can help save lives. With so many different types of cancers, the symptoms are varied. Yet, there are key signs and symptoms to look out for.



Unusual lumps or swelling, which are often painless and may increase in size



Persistent coughing, breathlessness or difficulty swallowing



Changes in bowel habits e.g. constipation, diarrhoea and/or blood found in the stools



Needing to urinate urgently, more frequently, or being unable to go when you need to or experiencing pain



Unexpected bleeding including from the vagina, anal passage, or while urinating or when coughing



Unexplained and unintentional weight loss over a short period



If you experience any of the signs and symptoms, don't be afraid to seek medical advice urgently.



Fatigue, extreme tiredness and a severe lack of energy



New mole or changes to a mole in terms of size, shape, or colour and if it becomes crusty or bleeds or oozes



Unexplained or ongoing pain or pain that comes and goes



Unusual breast changes in size, shape or feel, skin changes or pain



Feeling less hungry than usual for a prolonged period of time



A spot, sore, wound or mouth ulcer that won't heal



Persistent or painful heartburn or indigestion



Heavy, drenching night sweats