



THE BIG 5 CANCERS AFFECTING MEN IN SA BLADDER CANCER

IT IS ESTIMATED THAT **1 IN 148** SA MEN
WILL DEVELOP BLADDER CANCER

SYMPTOMS

- Blood in your urine
- Blood may change colour of urine or show up as blood clots
- Needing to urinate frequently
- Burning pain when urinating

SCREENING

- Tell your doctor if you have any symptoms or are at a high risk
- Investigations are done based on symptoms
- Tests may include cystoscopy, biopsy, laboratory & imaging tests

TREATMENT AND PROGNOSIS

- Surgery is the most common treatment
- Additional treatments may include:
 - administering drugs directly into the bladder
 - chemotherapy
 - radiation therapy
- Like all cancers, prognosis depends on finding the cancer early
- For stage I bladder cancer, the 5-year survival rate is about 90%



Toll-free 0800 22 66 22
www.cansa.org.za



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RISK FACTORS

- Being older than 55
- Having a family history of bladder cancer
- Biggest risk factor is smoking — it doubles your risk