

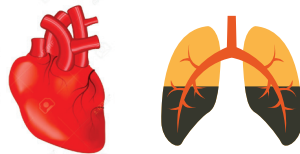
NON-COMMUNICABLE DISEASE MODIFIABLE RISK FACTORS



Non-communicable diseases (NCDs) are chronic diseases that can occur due to obesity.

They include:

- Cardiovascular Diseases
- Diabetes
- Chronic Respiratory Disorders
- Cancer

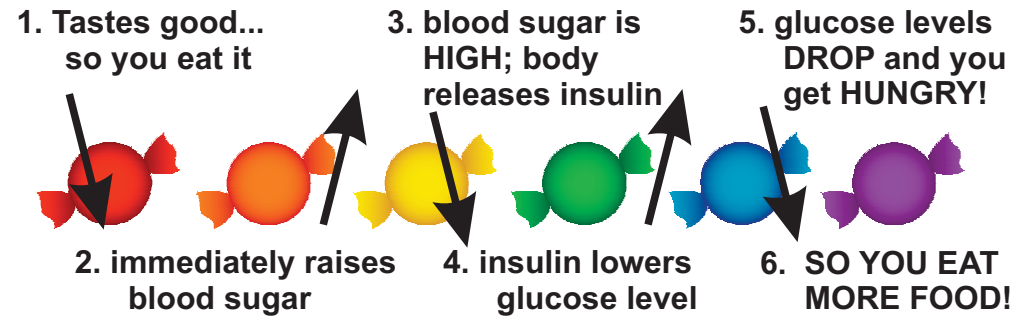


The South African Non-Communicable Diseases Alliance



www.sancda.org.za 011 706 4196

HOW SUGAR PROMOTES OBESITY



WHAT YOU NEED TO KNOW ABOUT OBESITY AND CANCER



After not smoking,
BEING AT A HEALTHY WEIGHT
is **THE MOST IMPORTANT THING**
you can do to lower your cancer risk



OVERWEIGHT AND OBESITY

INCREASE RISK FOR THE FOLLOWING CANCERS

