

# So, you think smoking **Hubbly Bubbly** is a safer alternative to cigarettes?

## Think Again

Fruit flavours **disguise** the toxic substances

Hubbly contains **harmful substances**:

- Nicotine (ADDICTIVE)
- Tar
- Carbon monoxide
- Heavy metals (arsenic, cobalt, chromium and lead)

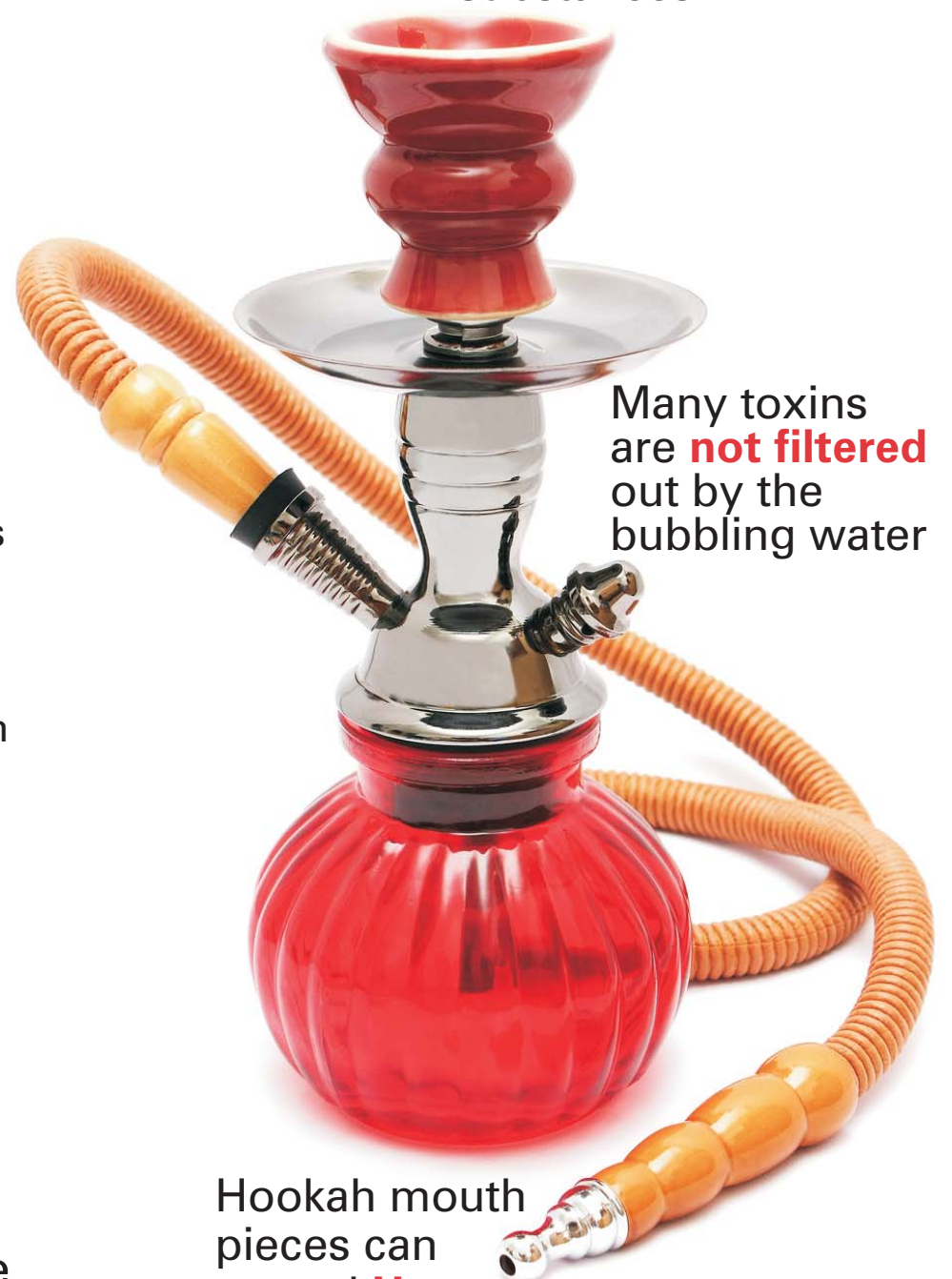
Hubbly can be **more harmful than cigarettes**:

- 1 hour of smoking hubbly leads to 200 times **more smoke volume** than 1 cigarette
- The smoke produced in a typical hubbly smoking session can contain **38 times more tar** and **8 times more carbon monoxide** than 1 cigarette

Smoking hubbly can lead to **long term health effects**:

- Cancer
- Heart disease
- Respiratory disease
- Impotence
- Skin wrinkling

Just being in a room where others are smoking hubbly can **expose** you to **deadly chemicals**



Many toxins are **not filtered** out by the bubbling water

Hookah mouth pieces can spread **Herpes** and **TB**

## Hubbly Bubbly... **Not so lovely**



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**Cancer affects us all...**



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